

The Official Publication of the Windycrest Sailing Club

Mark Hoagland, Editor

MAY 2022

Cottonwood Tree—Eight Bells



You know that big tree by the pavilion, the one that provided great shade on hot summer days?

In mid-April it fell. Fortunately it fell toward the lake, missing every other structure. It split off right at ground level, revealing a rotted center. A couple of large limbs had died in the past year or two, and this year I noticed it was leaning a bit toward the stair railing.

Cottorwood trees thrive close to water—near rivers and creeks, places where there is a mostly constant supply. Our trees close to the shore must also tolerate periodic submersion in floodwaters. Apparently the record 2019 flood was simply too much for this tree to withstand—too much water for too long.

We hired a tree service to remove it. Both the large size and the terrain disqualified the tree clean-up from being a DIY job. In case you are wondering, cottonwood lumber is not desirable for fumiture, nor is it good for firewood! Well, maybe outdoors—if you can wait for it to dry out.

Aside from taking the cool shade for granted, I do have one

specific memory of that venerable liree:

One hot summer day in the late 1990s, Torn, myself, and our three children were eating lunch on the pavilion's upper level. One of John Kerr's (the Kerr who lived across from WSC) dogs was hanging around. She was altracted by humans who had food, but stayed for an added attraction. High up in a crotch of the tree was a raccoon! Every few minutes the raccoon taunted the dog, much as a cat will do. Drove the dog crazy, but it was fun to watch.

Lisa Weatherholt, Commodore



EIGHT BELLS

The tradition of Eight Bells pays respect to deceased mariners and signifies that a sailor's "watch" is over.

The practice dates back to the days of the sailing ships, when sailors couldn't afford to have their own time pieces and relied on the ship's bells to tell time. The ship's boy kept time by using a half-hour glass. Each time the sand ran out, he would turn the glass over and ring the appropriate number of bells. Each ship "watch" is four hours, or eight bells, in length. (https://mainemaritime.edu/)

My thoughts, feelings, and observations from the Editor

Where else but this great state of Oklahoma can you go from Rain, Flash Floods, High Winds, Low Temps, High Temps and/or No Wind in couple of weeks. <u>Folks, it is spring!</u>

I was born in Tulsa, May 30th 1953 and have lived in Oklahorna for 47 of my 69 years. As you can see that is a lot of Mernorial Day Weekends Birthdays. When I was younger, back in the day when Mernorial Day was on May 30th, I would be so excited because we would always be off to do something on the "First Day of Summer Fun".

In my younger years, (the 50kes) the day would start by going to the cernetery, where my father, a WWII vet, would go so he could pay respect to his fallen comrades. Then it would be off to the Illinois River, which was always still very cold and usually high. At some point we turn on the transistor radio to listen to the Indy 500. Sometimes in sunshine and sometimes in rain. Always fun.

So, what line *H E double hocky slicks* does this have to with sailing on Memorial Day and/or line month of May. Not a dam thing. I just to show linat you just never know about Memorial Day Weekend. So, when someone states "Can you believe the Rain, Flash Floods, High Winds, Low Temps, High Temps and/or No Wind!". I always have to ask, "How long have you lived in Oklahoma?" You just never know.

June is here, no excuses not to be on the Lake, go to one of the many WSC races and/or events and have some fun.

I said that I would put in a bit on RSVP. I know that this old fashion but as a former Activities Captain, it seemed that people just don't understand the importance of doing it when requested.

Why Americans ask you in French to please respond to an invitation (répondez s'il vous plaît)

Nowadays, RSVP can be used as a verb(Please RSVP) or a noun(Please send your RSVP).

If someone asks you to RSVP (sometimes also written as R.S.V.P.) it means that you should respond if you plan to attend. This helps a host or organizer plan the event by knowing how much food to order, etc. If you can no longer attend, it is polite to let the host or event organizer know your change of plans. If you do not respond, it is assumed that you are not attending.

It amazed me when I was AC, that if the member had to pay for an event, the attitude sometimes was, "If I have to pay why RSVP?" even worse, "if the club is paying, why RSVP?".

This is not to know if you are just coming, cause it ain't a party with out you. It is so a host or organizer plan the event by knowing how much food to order, etc

Be Nice RSVP, if not don't be upset if there is no food for you.

Mark Hoagland.



Messages for the Members



COMMUNE WITH YOUR BOAT/S

Check the lines: sheets, lines, halyards, dock lines, tie-downs.

Check the trailer tires. They need to be ROUND.

Boat or cockpit covers The Commodore's message to you is: Cover Your Assets

Be Ready To Go Sailing

I will be at The Lake. Will you? Lisa Weatherholt, Commodore Boat Storage Rule 15: All trailers of any type must have inflated tires and be able to be moved in the event of an emergency.

> Check the trailer tires. They need to be ROUND.







A reminder that the Windycrest Junior Sailing Camp is rapidly approaching. Please take a moment and sign up your young sailors for this great sailing experience. Please sign up by June 8th.

Below is a link to sign up or go to the Windycrest web page under the Race heading then go to the Training tab and look for the Junior Camp signup sheet. Windycrest Jr. Sailing Training Registration Form (google.com)

Junior Sailing Camp 2022 -

When: Monday June 13th through Friday June 17th. Camp will start at 9 am and go until 4 pm each day.

Where: Windycrest Pavilion will be the initial meeting point each day.

Ages: 10 through 18. Note this year we are starting the age groups at 10. If any member would like to enroll a child between the ages of 6 and 10 they will be allowed to it the child has some sailing experience and a parent or designated adult will be with the child each day during camp.

This will be a fun week of sailing with activities, games and plenty of sailing experiences to teach sailing skills to all levels. We will have Coach G back as the lead instructor and he will have a staff of eager and experienced sailors to help him out. Parents are all welcome to be at camp also with their kids.

Parents must be a member or associate member of Windycrest Sailing Club. Non-members must join Windycrest Sailing Club as either a Full or Associate member. Contact the Vice Commodore at "vice.commodore@windycrest.com" if you have any questions or need more information for joining the club. My personal email is "capit15cat@gmail.com" if you prefer.

The cost of camp will need to be paid in advance and is non-refundable. The cost for one child of full members is included in club dues, cost for each additional child is \$60. The cost for Associate Members is \$160 for the first child and \$60 for each additional child.

Each participant must complete a US Sailing prescribed swimming proficiency test while dressed in sailing attire. Your child must be able to a) Tread water for 5 minutes b) Swim 25 meters c) Put on a PFD while in the water e) Swim another 25 meters while wearing the PFD. This is for your child's safety while on the water. Please be realistic about this requirement, we would hate to have to send a child home because they could not complete this test.

Thanks, and I look forward to seeing you on the water --

Maurice Casad Vice Commodore

Windycrest Sailing Club

The 2022 Windycrest Spring Regatta

by David Hyman, past commodore

By the middle of May, Oklahoma was past winter's chill, the sun was shining once again, and nearly thirty boats had registered for the 2022 Windycrest Spring Regatta to be on May 21st and 22nd. Race Officer Danny Ziegler's superb race committee team was on deck. Stunning trophies were designed and ready. Activities Captain Nancy Keithline had planned a phenomenal all-club dinner for Saturday night after the first day's racing. Everything looked forward to breaking past the curse of Covid-19 and high water and holding the largest Windycrest regatta in years¹.

And then it happened — the Oklahoma weather curse struck once again. On Thursday of race week the weather started to turn ugly. By Saturday morning the lovely breezes were becoming a blow rising past fifteen and gusting nearly to twenty. The barometer was climbing, the temperature was falling. And, just like that, half the preregistered teams stayed in bed. Donuts, coffee and orange juice wasn't enough to overcome the weather.

Despite the conditions, though, half of the boats came to the starting line for the first race to find conditions had moderated quite a bit. It hadn't turned into a wine-and-cheese-cruise conditions, but it certainly wasn't rounding-the-Horn, either. By the end of Saturday's three races, Roger Kerr's and Skeeter Chilton's J-22s were in a tight one/two in the spinnaker fleet. In the non-spinnaker fleet Duncan McBride, Bill Apker — both in Catalina 22's from Tsa La Gi YC — and Fred Hess in a Capri 22 were 1-2-3. Tsa La Gi's Katie McBride in a Catalina 22 and Doug Lewis in a Catalina 25 trailed closely. Gill Greenwood led at the end of the first day in his Sunfish, and Grant Gerondale, Stephen Gent, and Randy Bell completed the day in that order in MC scows.

Once boats were tidied up after Saturday's races, the bar opened, the grills were lit and Nancy Keithline and her team opened the pavilion for seventy-five members and guests to enjoy a spectacular happy hour and dinner as the sun turned golden and the lights came on.

Sunday morning's conditions were substantially better for the final two races — warmer temperature and wind about ten mph. Gil Greenwood finished Sunday's two races with a first and a second. Roger Kerr continued to hold off Skeeter Chilton to win both Sunday spinnaker races. Duncan McBride finished first in both non-spinnaker contests, with Fred Hess taking a second and a fourth, Bill Apker a fourth and third, Katie McBride a fifth and a second, and Doug Lewis a sixth and a fifth. And JoAnn Chandler skipped the PGA Championship Sunday to to join the racing, taking a third and a sixth place in the non-spinnaker fleet in her Ranger 23.

When all was done, trophies for the non-spinnaker fleet went to Duncan McBride (1st), Bill Apker (2d), Fred Hess (3d), Katie McBride (4th). In the spinnaker fleet Roger Kerr was first over all and Skeeter Chilton was second. Gil Greenwood took first place in the centerboard fleet, Grant Gerondale was second, Stephen Gent third and Randy Bell fourth.

Special thanks go to the race committee volunteers: Dave Dolcater, Rick Martin, Dan Kirkpatrick, Mike and Micha Darrol, Drew Ziegler, and Darrell and Sally Daniel.

We're back!

¹ Don't forget the 1991 Spring Regatta when The Great Thunder, Lightning and Hail Storm scattered the entire racing fleet, and then the 100 mph microburst splattered the lake and sank a keelboat.

SAILOR		Class	Sail#	Div	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total	Rank
Roger Kerr	WSC	J22	1587	KB1	1	1	1		1	1	5	1
Skeeter Chilton	WSC	J22	339	KB1	2	2	2		2	2	10	2
Duncan McBride	TLG	Cat. 22	178	KB2	1	1	1		1	1	5	1
Bill Apker	TLG	Cat. 22	849	KB2	2	2	2		4	3	13	2
Fred Hess	WSC	Cap. 22	92	KB2	3	4	3		2	4	16	3
Katie McBride	TLG	Cat. 22	160	KB2	4	3	4		5	2	18	4
Doug Lewis	WSC	Cat. 25	5751	KB2	5	5	5		6	5	26	5
JoAnn Chandler	WSC	Ran. 23	670	KB2	7	7	7		3	6	30	6
Gil Greenwood	WSC	Sunf.	89928	CB	1	1	1	1	2	1	7	1
Grant Gerondale	WSC	MC	2148	CB	2	2	2	2	1	3	12	2
Stephen Gent	WSC	MC	2581	CB	2	2	2	2	3	2	13	3
Randy Bell	WSC	MC	858	CB	2	2	2	2	4	4	16	4

Windycrest Spring Regatta Results - May 21-22, 2022



WSC Spring Regatta trophy winners (L-R) Duncan McBride, Katie McBride, Grant Gerondale, Bill Apker, Roger Kerr, Stephen Gent, Gil Greenwood, Fred Hess, Rick Farbro.

10 Sailing Tips Essentials - Tips to Make you a Better Sailor!

20 May 2022

What top 10 sailing tips will help you enjoy sailin in the most fun and safe way? You might be surprised to know that it all stars long before you step aboard your sailboat. Use these little known secrets for day sailing, weekend cruising, or for coastal and offshore sailing

1. Pack the Right Clothes

There's a saying that goes something like this "There is no such thing as bad weather-only bad clothes". Makes a lot of sense-in than expected, you will stay dry and warm (or cool) in most sailing weather.

2.Bring Your Own "Grab Bag"

Among our top 10 sailing tips...make up a personal "must have" bag. Match the contents to the type of sailing you do. Your grab-bag will be the one lining you grab in an emergency.

If you need to leave the boat for any reason, you need common items like extra keys, cell phone, change, and identification in order to get home safe and sound. Pack your personal grab baf now to give you peace of mind for safer sailing.

3. Carry a Sailing Knife

It's understandable that folks tend to shun knives and similar equipment on ther belts. It's a bit weighty, adds bulk on a thot day, and many like to sail unencumbered. Find a small compact knile that will fasten to your sailing shorts

Carry it when you go sailing. Not below packed in a bag but on your horts or pants. If you need to use for cutting rope or in an emergency, it will be with you, ready in the blink of an eye.

4. Build Up Wrist Strength

Did you realize that wrist injuries and soreness plague sailors? You use your wrists to steer the boat, crank on winches, hoist or lower sails, lower or raise the anchor, move forward or aft on the boat, or brace yourself below in the cabin when heeled over.

Use a soft ball like a tennis ball and squeeze; hold for ten seconds; release. Repeat this while you walk or sit several times a day. This simple exercise will help build up this often-forgotten vital muscle fast and easy and lessen the chance of injury aboard any sailboat you sail aboard.

5. Listen to the 24-hour Weather Forecast

Expect to be out longer than you plan. Turn on the Weather Radio and listen to the forecast for the next 24 hours. How will the wind shift? Will this create a long hard slog to windward back to the marina slip or pier?

If you go out for a day sail, consider sailing windward early on so the sail back will be an easy reach or run. Look for anchorages along your sailing route in case the weather turns foul. Become weatherwise to keep your sailing fun and safe for you and your sailing crew.

6. Know Your Anchoring Techniques

No piece of vital sailing gear gets ignored more than the boat anchor. Make sure that the anchor aboard any boat you sail on will be ready to lower within 10 seconds.

Check the parts of the anchor from the bitter end of the anchor rode where it ties to your boat, all the way down the rope rode, anchor chain, anchor shackles, and all parts of the anchor itself (ring, shank, flukes). Keep this #1 life-insurance gear in tip-top shape for worry-free sailing worldwide.

7. Inspect Your Sailboat from Bow to Stern

Start at the bow and check the anchor, lifelines, turnbuckle fittings, cotter pin integrity, standing rigging like boom vangs, traveler lines, mainsheet and Genoa sheets.

Look for chafed line, missing cotter pins, bent anchor shank or distorted turnbuckle barrels. Take five minutes to check your boat before you get underway to save you the headache of an unexpected fitting failure underway.

8. Use Nautical Charts Along with Electronics (maybe not Keystone but someday)

Read the opening screen of any <u>electronic GPS</u> or chart plotter and the disclaimer warns about total reliance on that gear. Purchase the paper charts you need for your sailing area.

If you day sail, carry aboard a large-scale (magnified) chart of your sailing grounds. If you coastal cruise, you need navigational charts of the coastline, approaches to harbors, and inner harbor areas. Offshore sailors need the same and more. Paper charts back up the electronics.

Electronics can never replace paper charts. Stay safe and sound when you carry the paper charts you need for sailing safety.

9. Practice Boat Maneuvers and Control

Spend part of each sailing day and practice one specific maneuver. Toss a fender overboard and tack or jibe to see if you can sail your boat up to the fender, stop alongside the object with the sails luffing, and retrieve the object.

The more your practice intricate maneuvers the better you will be at sailing in tight quarters, turning your boat around in an emergency, or coming alongside afloat, pier, or mooring buoy under sail alone.

10. Read and Learn About Sailing Each Day

Legendary sailor and author Hal Roth once said "A good sailor is always studying and learning and asking questions". Whether you are stuck in a place far from the coast, waiting for winter to end, or find that you just don't have time for sailing right now-never, ever stop learning.

Each day, set yourself a goal to learn something new about sailing. Learn a new sailing term, read up on the latest sailing equipment, or visit a sailing forum like Sailnet or Sailing Anarchy to see what experienced sailors have to say. Discover something new each day to become more comfortable and confident in sailing.

Follow these ten top <u>sailing tips</u> for smoother, safer, more fun sailing. This will give you the confidence and skills you need to enjoy one of the life's greatest pleasures—wherever in the world you choose to go sailing!

About John Jamieson



Captain John Jamieson was a search and rescue skipper, ship driver, navigator, and master training specialist in the U.S. Coast Guard. He later directed the Seamanship and Chart Navigation departments for the Professional Mariner program at the Chapman School of Seamanship in Rorida. He is the author of 'Seamanship Secrets' published by McGraw-Hill and has written 20 other eBooks on navigation, seamanship, and small boat handling. Visit his website at www.skippertips.com

The Windycrest Charity Regatta

The Windycrest Charity Regatta isn't until September 10th and a lot of people will say there's a lot of sailing between now and then,

they would be correct. However, this year we celebrate our 43rd Annual Charity Regatta so at the risk of starting too early here is your first bit of information.



For the past seven years we have supported APSO, which helped ALS families in need, but they were unable to keep things going during the pandemic, so this year we will sail to support the ALS Foundation directly. They have agreed to our request that the money we raise will be used for families struggling with ALS in the Tulsa area.

I strongly encourage everyone to think about their budgets and start planning for a generous donation to this worthy cause. We will set up a process for you to pay directly using your credit cards, pay pal account or plain old check or cash.

Watch for more information in the corning months regarding our activities surrounding this worthwhile effort. There may even be a few surprises along the way, so join the fun to make this a banner year.

On the next page are few facts to consider regarding ALS in Oklahoma.



2021 Care Services Impact



156 persons living with ALS served throughout Oklahoma
30% in the Tulsa area
30% in the Oklahoma City area
40% throughout the rest of Oklahoma

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49 support groups held for: Persons & Families living with ALS Bereavement Caregivers



41 Care Grants totaling \$28,700 disbursed Home remodifications Home health/respite care Medications



38 Oldahormans participated in the 2021 Advocacy Conference with 15 participants speaking directly with legislators



Working in partnership with the Veterans Administration (VA) and Paralyzed Veterans Administrations (PVA)

Veterans are twice as fikely to receive a diagnosis of ALS

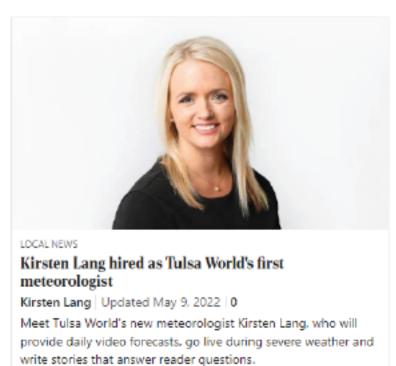


Over 35 families assisted with equipment through the Loan Closet or equipment purchases

Oklahoma sets modern wind-speed records in April

- Kirsten Lang
- May 3, 2022

Email kirsten.lang@tulsaworld.com to submit a question for her weekly weather Q&A column. Follow Kirsten Lang: Twitter | Facebook



There is one question I have continually been asked by readers: "Is this the windiest April on record?"

Well, on the surface it sure seems like it, doesn't it? Many of you have told me stories of your busted golf game or the difficulty driving in high wind gusts and, of course, the impact it has had on spreading pollen and allergens.

The numbers are in, and, yes, we have set records, at least when it comes to average wind speeds.

In the 28 years that the <u>Oklahoma</u> <u>Mesonet</u> has been collecting data, this April set the record for both statewide average wind speed and maximum wind speed. The average wind speed this month finished out at 12.2 mph, and the maximum wind speed was

22.9 mph.

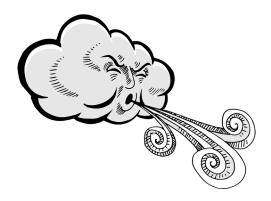
Previous top wind speeds clocked in during 1996's 12 mph and 2011's 22.5 mph, respectively.

Fourteen days this past month clocked wind gusts of at least 50 mph in the state, and nine days topped off at least 60-mph gusts. The two winners were Tipton (far southwestern Oklahoma) and Slapout (in the Panhandle), which shared the highest wind gusts at 74 mph on April 5 and April 22.

From 1970 to 2022, January averaged a wind speed of 9.6 mph, February averaged 10.1 mph, March averaged 11.1 mph and April averaged 11.4 mph, according to the National Weather Service in Tulsa.

This year alone, our winds averaged 8.9 mph in January, 10.7 mph in February, 10.6 mph in March and 12.5 mph in April. This made February and April of 2022 windier than average.

Other interesting numbers coming out of the monthly summary from Gary McManus, Oklahoma's state climatologist, were about rain. When it came to rainfall this past month, Interstate 44 became a dividing line.



The area southeast of the interstate was on the higher end of moisture this month, while the northwestern quadrant of the state remained dry. The statewide average for the month was 2.7 inches.

Of the Mesonet's 120 sites, Mount Herman (far southeastern Oklahoma) led in rainfall totals with 8.98 inches for the month, while the town of Erick (far central-western) remained moisturestarved with only a tenth of an inch in accumulation.

Since the start of the year, Oklahoma finished out at 7.69 inches of total accumulation, making it the 42nd driest start to the year on record and 1.94 inches below normal.

Also in the report, McManus said the statewide average temperature was 61 degrees — 1.5 degrees above normal. The higher-than-normal average was due to a very warm string of days this past month, where temperatures soared into the 90s on 11 days this month.

These hot temperatures were out in western Oklahoma, where a triple-digit temperature was recorded on April 29 in Altus, making it the first 100-degree-plus day of the year in the state.

The extremes continue with low temperatures, as well. The town of Eva (in the Panhandle) dropped to a bone-chilling 16 degrees on April 14, for the lowest-recorded temperature.

And then there was the drought-plagued western half of the state. Unfortunately, the level of drought — extreme and exceptional — increased from 34% to 39%, according to the U.S. Drought Monitor. However, the coverage decreased from 76% to 65% of the state.

The good news is that there is hope heading into the month of May.

The <u>Climate Prediction Center's</u> outlook shows above-average temperatures and precipitation, at least for the eastern two-thirds of the state, which will help with drought conditions in all but the Panhandle.

probably shouldn't have got down on one knee when I asked her if she wanted to tie the knot

TYING THE KNOT





Used to fasten a mooring line to a ring or a post.

ROLLING HITCH



Used to attach a rope to a rod, pole, or another rope.

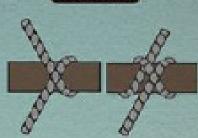


Used at the end of a line to keep it from snasking away.



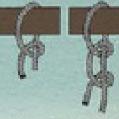
Used to attach two lines together.

CLOVE HITCH



Used to attach a line to an object.

TWO HALF HITCHES



Used to tie a line tightly around an object.

Wow that's a big rudder, thought Mary

SPEAK LIKE A SAILOR

JIBING

Turning the stern of the boat through the wind to make the wind change from one side of the boat to the other.

LEEWARD

The opposite direction to the direction in which the wind is currently blowing.

WINDWARD

The direction in which the wind is currently blowing - sailboats tend to travel with the wind.

TACKING

Turning the bow of the boat through the wind to make the wind change from one side of the boat to the other.

BOOM

A horizontal pole extending from the mast which is used to harness wind power to steer the boat forward and backward.

RUDDER

A flat piece of wood, fiberglass or metal located underneath the boat which is used to steer the boat.

Windycrest Classifies

windycrest classifies								
Services: Loren Kai Powell Massage Private Studio Locatied in Home Near 15th and Delaware, Tulsa By Appointment 918 706 6821 15 years experience COVID protocols required and are in place Boats: FOR SALE	Boats: Catalina 22 #13689 lvy Porter It's a good little boat underneath the grime that has accumulated. I will be cleaning it up but will sell as is if someone prefers to make an offer. New Mainsail with minimal use. Nice North Sails genoa and regular jib. Trailer was new during my ownership. Boat is dry inside and comes with much more. Michael Hughes 918 406 1797 Michael Hughes (hughesmp@att.net) wrote :							
Creekmore 7 meter Keel Boat Located on C dock Black Hull with green and white stripes Brown Sail Cover Comes with a trailer \$1500 for boat & trailer Ecith Coen edithcoen@gmail.com	M-20 Scow \$500-OBO Contact Gil Greenwood 918 914 3613 gilwood960@gmail.com							
Moving Sale Catalina 25 Roller Furling, 9.9Hp, electric start. See in slip C23 Asking \$500 Contact Paul Holden pfholden@gmail.com	Islander 21 Swing Keel Fixer upper Project Boat on the trailer. Make me an Offer, Need more info? Call: Gil Greenwood 918 914 3613 gilwood960@gmail.com							
Moving Sale Catalina 22, regular and 150 jibs 4HP outboard (runs but needs throttle fixed) See in slip C22. Asking \$300 Contact Paul Holden pfholden@gmail.com	Sails Dan Edwards has 2 Spinakers 1 large and 1 smaller for a S26.7 I lost his ad so give Dan a call 903 746 7141 or 5xz@att.net. I will have an ad in the next Wind- word. Mark Hoagland							



More on "How not to Die at Sea"





I wanted to comment on the passing of Windycrest members of late and so far in 2022. Then I realized that I maybe did not know them or only knew of them. I wanted to list all but with the fear of missing someone, I have chosen to say, "We will miss you."

So, if you had a dear friend who was a sailor, either a member or not a member of WSC and they have recently passed away, "My Condolence"

We know they are sailing away, with a nice breeze, warm sunshine, and a boat that everything works.

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Windycrest Sailing Club Lake Keystone 761 Windycrest Road Sand Springs, OK 74063-8396 www.Windycrest.com